



Blood Pressure

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homeopathynet.com

Blood Pressure Irregularities

Google grounding/ earthing

Celery in diet/ Celery seed supplement

Raw vegetables/ gluten free diet

Cinnamon

Cloves

Olive leaf extract supplement

Exercise

Garlic oil

No meat

Hawthorn tincture



Homeopathic Remedies

Hypertension

Aurum metallicum

Uranium nitricum: With dyspepsia/ GIT symptoms/ Diabetes mellitus

Spartium scoparium: Malignant Hypertension

Iodum: Nasal engorgement with Hypertension

Viscum album

Veratrum viride

Crataegus + Glonoine + Passiflora or CGP

Adrenalinum in potency, 200 - 10M: Useful palliative

Rawolfia

Natrum muriaticum

Baryta carb

Baryta mur

Conium

Digitalis

Opium

Secale cor

Tabacum

Glonoine

Crataegus: high diastolic/ low systolic ; 30 minims TDS

Pituitarinum 200 or higher: Also relieves the headaches associated with hypertension

Arnica: Essential HT

Sumbul: Numbness extremities, palpitation, easily precipitated by cold, vague precordial pain

Aconite: Severe HT with pins & needles sensation down his arms

Convallaria majalis

Lycopus virginicus

Hypotension

Elaps

Vipera

Naja

Viscum alb

Tela aranea

China mother tincture: Old age/ shock