



Anemia

(Natural & Homeopathic)

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 homeopathynet.com

Natural Options

1. Garden of life, liquid iron
2. Liver (cooked)
3. Cast iron skillet (cooking utensil)
4. FloraDix iron
5. Cytomatrix Polysaccharide iron complex
(Feramax also has the same preparation but with food dyes)
6. Iodine deficiency: Lugol's Iodine
7. Black strap molasses
8. Blood builder: Mega foods
9. OptiFerin C by pure encapsulation
10. Dandelion root capsules
11. Vanilla ice cream, heavy cream and 1 to 2 raw eggs in a blender, once a day
12. Liver and onions cooked in a cast-iron skillet
13. Spirulina
14. Liquid chlorella
15. Algae capsules, aqua source
16. Moringa powder
17. Nettle tea with hibiscus

Homeopathic

- **TNT** : Aplastic anaemia, severe destructive action of cancers on blood cells
- **Ferr met** : Simple uncomplicated chlorosis
- **Ferr phos 3X** : Increases haemoglobin
- **China**
- **Ars alb** : When iron does not agree or fails to effect
- **Phos ac**
- **Puls**
- **Carbo veg** : Severe dyspnea with anaemia/ dropsy
- **Bothriocephalus lactus 200**, single doses at long intervals : Pernicious anaemia
- **Echinacea** : Secondary anaemia; high potency
- **Kali carb/ China/ Phosphoric ac/ Phosphorus/ Psorinum** : After loss of fluids
- **Sepia**
- **Cuprum met/ Cuprum ars** : Peripheral blood picture improves
- **Vitex negundo tincture**
- **Alumina** : Girls at puberty
- **Ceanothus MT -1M (depending on severity)** : Hypoplastic/ aplastic anaemia
- **Rubia tinctorum (low potency)**

